

## Concept and Vision of

## Gnaa Naa Bha Yoga Sammelanam

The Gnaa-Naa-Bha-Yoga Conference is the latest innovation of His Holiness Sri Ganapati Sachchidananda Swamiji to be conducted under the auspices of Avadhoota Datta Peetham. The first Conference was launched in December 2008. Within one year it took place in four main cities in India and in Dallas, USA.

### East Meets West

The first Conference in Europe will be held in July 2010 in Germany with the additional feature of complementing the Indian traditional thought with the Western view in the fields portrayed below.

Sri Ganapati Sachchidananda Swamiji, a great Mahaatma and Pontiff of Avadhoota Datta Peetham, Mysore, is known worldwide as an expert in the spiritual sphere and charity domain. Besides spreading the art of Yoga and of Indian philosophical thought he is a great musician. He has been touring the globe for more than 30 years to bring wisdom and solace to innumerable people.

www.dattapeetham.com

## Purport and Aim of the Conference



The emblem conveys the purpose of the conference. It consists of the following:

- The circle in the centre represents *Poornatva* (fullness) of *Gnaana* (wisdom)
- The Symbol OM in the centre is to be understood as the embodiment of *Para Brahman*, the source of all wisdom, as explained in the Upanishads.
- Four Facets: *Gnaana* (Wisdom), *Naada* (Music or Sound), *Bhakti* (Devotion) and *Yoga*.
- The four directions represent the spreading of wisdom to all the directions around globe.
- The External ring symbolises the sphere of *Maaya* (illusionary world), which veils the eternal wisdom.
- The Four Slogans in the external circle characterize the four facets of the Conference: Wisdom · Music · Devotion · Yoga. They all have the same goal, i.e.

to reach the ultimate state of the Absolute, of *Para Brahman*.

### 1 *Gnaanaadevahi kaivalyam*

Eternal solitude (salvation) is only possible through wisdom. All the other paths in the direction to God lead to *Gnaana*.

### 2 *Naadaanusandhaana namostu*

Naada is the primordial sound, often represented by music. By understanding the purpose and practice of music, one can discover the innate sound of eternity.

### 3 *Bhaktireva gareeyasee*

Devotion towards the Almighty is the easiest path to achieve the ultimate goal. It inspires us to follow the development of selfless love towards God.

### 4 *Yogah citta vrutti nirodhah*

A tranquil mind is the purpose of Yoga. Control of the mind is the key to all success in life. Discovery of Yoga in the deeds is the essence of Kriya Yoga propagated by Sri Swamiji.

The name given to the Conference can be seen from a second angle as '*Gnaanaabha-Yoga*', a composition of the words *Gnaana* (wisdom), *Aabha* (effulgence) and *Yoga* (alignment). *Gnaanaabha-Yoga* is the ALIGNMENT with the EFFULGENCE of WISDOM. Thus the purport of this program is to align the Self in each person (*Jeevaatman*) with the self illuminating radiance of *Paramaatman*.